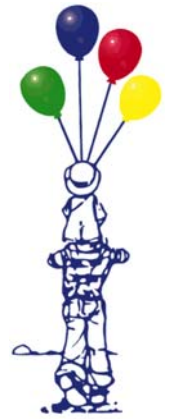


# CHILDREN'S

NETWORK



The 4<sup>th</sup> Annual  
Solano Children,  
Youth, & Families  
Policy Forum

Free  
Admission!  
Free  
Child Care!

Sign  
up  
Now!

→ MAKING A DIFFERENCE IN ←  
OUR COMMUNITY



**DATE:** Saturday, March 11, 2017

**TIME:** 9:00 AM — 1:00 PM

**LOCATION:** Kroc Center — 586 Wigeon Way, Suisun

*Stand up and speak out for youth and families about the issues affecting you and your community. Educate your elected officials. Learn more about the projects going on in your community, and how you can get involved.*

**Let your  
voice be  
heard!**

*Complimentary  
Continental  
Breakfast & Late  
Morning Snacks.  
Resource Tables.*

**Meet your local  
and state  
legislators and  
community  
leaders!**

*Language Interpretation (including sign) available upon request.*

For more information, or to become a sponsor of this event, please contact Allissa Smith, Administrative Assistant for The Children's Network at (707) 421-7229, extension #101.

To sign up for this FREE event, visit: <https://4th-annual-policy-forum.eventbrite.com>

# CHILD IMMUNIZATION REQUIREMENTS



On June 30, 2015, the Governor signed SB 277 into law which no longer allows for exemption of immunizations with a Personal Belief Exemption (PBE) based on personal or religious beliefs for children in child care and public and private schools. A PBE dated January 1, 2016, or later, will not be accepted. PBEs submitted before January 1, 2016 will remain valid until the child reaches transitional kindergarten/kindergarten and then again in seventh grade. Immunization requirements mentioned above will be removed for the following:

1. Students in home-based private schools
2. Students enrolled in an independent

3. study program who do not receive classroom-based instruction
- Access to special education and related services specified in an individualized education program (IEP)

## Required Immunizations:

- ◇ Diphtheria
- ◇ Hepatitis B
- ◇ Haemophilus influenza Type B
- ◇ Measles
- ◇ Mumps
- ◇ Pertussis (whooping cough)
- ◇ Poliomyelitis
- ◇ Rubella
- ◇ Tetanus
- ◇ Varicella (chickenpox)



Children are exempt from immunization requirements only if a parent or guardian submits a written statement from a licensed physician (M.D. or D.O.) which states:

- ◇ That the physical condition or medical circumstances of the child are such that the required immunization(s) is not indicated

- ◇ Which vaccines are being exempted
- ◇ Whether the medical exemption is permanent or temporary
- ◇ The expiration date, if the exemption is temporary

Beginning January 1, 2016, Licensed Child Care Providers and Center-Based Providers are required to have documentary proof of each entrant's immunization status in the family data file, also known as the child's file. PBEs dated on or after January 1, 2016, will no longer be valid in a child's file.

If you have questions about PBEs, please read the FAQs and resources link below. You can also visit the Shots for School Web site (link below)

<http://www.cde.ca.gov/sp/cd/ci/mb1605faq.asp>.

If you have questions regarding this information, please review the additional resources on the California Department of Public Health's Web page at <http://www.shotsforschool.org/laws/sb277faq/>. You may also direct your questions via email to [info@shotsforschool.org](mailto:info@shotsforschool.org).

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## Health & Safety Reimbursements are now available!



If you have recently completed CPR, First Aid, or Preventative Health Practices, SFCS may be able to reimburse you for part of those costs. This California Department of Education funded opportunity is open to:

- ★ Licensed Family Child Care Providers and/or their Assistants
- ★ Licensed Child Care Center Staff
- ★ License-Exempt Child Care Providers

If you have taken, or plan to take, the approved CPR, First Aid, or Preventative Health Practices certification between July 1, 2016 and June 30, 2017, you are invited to apply for this limited funding.

**Save your receipts!** Reimbursement applications will be processed on a first-come, first-served basis, and will only be available until the funding runs out. Applications are available in our office and on our website at [www.solanofamily.org](http://www.solanofamily.org). Certain rules and restrictions apply, call for details.

Note: Providers should also keep in mind that the cost of required training is tax-deductible. If you need help in finding approved training, or the application e-mailed, call Adriana Carbajal at (707) 864-4612 or email at [acarabajal@solanofamily.org](mailto:acarabajal@solanofamily.org).

# SB 792 (Mendoza) Child Care Employee and Volunteer: Immunization and Tuberculosis Requirements

Effective September 1, 2016, a person may not be **employed or volunteer** at a child care center or a family child care home unless he or she has been immunized against influenza, pertussis, and measles or qualifies for an exemption (Health and Safety Code sections 1596.7995 (a)(1) and 1597.622 (a)(1)). In order to qualify for an exemption, a person must submit one of the following to the child care center or family child care home:

- ▶ A determination by a licensed physician, in writing, that immunization is not safe for them because of their physical condition or medical circumstances (Health and Safety Code sections 1596.7995 (b)(1) and 1597.622 (b)(1)); or
- ▶ A determination by a licensed physician, in writing, that they have evidence of current immunity (Health and Safety Code sections 1596.7995 (b)(2) and 1597.622 (b)(2)); or
- ▶ In regard to the influenza vaccine only, a signed declaration that he or she has declined the vaccine (Health and Safety Code sections 1596.7995 (b)(3) and 1597.622 (b)(3)).

***“All adults in a family child care home while children are in care must provide evidence of a current tuberculosis clearance.”***

A person is also considered exempt from the influenza vaccine if they were hired or began volunteering after December 1 of the previous year or before August 1 of the current year (Health and Safety Code sections 1596.7995 (b)(4) and 1597.622 (b)(4)).

Employees, including teachers, and volunteers at child care centers, must still establish that they are in good health through a public health screening that includes a tuberculosis test (Title 22, California Code

of Regulations section 101216(g); Health and Safety Code section 1597.055(a)(5)).



Teachers may now, however, provide a certificate obtained from a licensed physician or surgeon per Health and Safety Code section 121525 after a risk assessment that indicates that they are free from infectious tuberculosis as an alternative to the test (Health and Safety Code section 1597.055 (a)(5)).

All adults in a family child care home while children are in care must provide evidence of a current tuberculosis clearance. An adult can obtain a certificate that indicates freedom from infectious tuberculosis (Health and Safety Code section 1597.54 (d); Health and Safety Code section 12125). An adult can obtain a certificate by means of a risk assessment, negative tuberculosis test, or, upon testing positive, an X-ray of the lungs, establishing freedom from infectious tuberculosis (Health and Safety Code sections 121525, 121530).

Licensing Program Analysts (LPAs) will review personnel records to ensure that all employees and volunteers at a child care center or family child care home have been immunized against pertussis, measles, and influenza, unless they qualify for an exemption. LPAs will also review records to ensure compliance with the tuberculosis clearance requirement as modified.

Please contact your local Licensing Regional office if you have additional questions.  
<http://www.cclcd.ca.gov/res/pdf/16APX-16.pdf>

# Changes in our Resource & Referral Program!

## Cinda-Rae Clemente

Hello everyone! My name is Cinda-Rae Clemente, and I became the Resource & Referral (R&R) Program Manager this past July. Some of you may know me from the Subsidized Child Care Program where I have been a Supervisor for the past 18 years. I was delighted to move into R&R and continue the work that Kathy Lago and the previous R&R staff have done for years. I believe in the efforts of promoting quality child care in Solano County, assisting providers in providing quality services, assisting families in selecting child care providers who best meet their needs, and connecting children and families to services to enhance the development, behavior and learning of their child.

I bring more than 25 years' experience in the social service field with me. I have managed care homes and day programs for children and adults with disabilities, I previously worked here at SFCS as the Special Needs Family Resource Coordinator supporting and advocating for families with children with disabilities, I supervised Vacaville and Dixon Head Start Centers, I was a Family Support Facilitator providing parenting skills training, and conflict resolution, and somewhere between all those positions, I ran my own Licensed Family Child Care Home on Travis



Air Force Base. Aside from overseeing all R&R functions, I will be offering a strand of trainings regarding children with special needs. You can find the first three topics on the training list included in this newsletter. As a parent of a child (now adult) with disabilities, I know the importance of feeling like you are being heard, and having your child's and family's needs met. Child care is one of the hardest things for families to tackle for any child, but even tougher if the child has special needs. I want all providers to feel confident in caring for ALL children, and know they have the support while doing so.

That being said...

I am so excited for you to meet the rest of the R&R Team who are all full of positive energy and eager to provide an invaluable network of support for parents and child care providers regarding quality child care, training, technical assistance, and increasing their knowledge, skills, and practices. Each team member has shared a little about themselves in this newsletter. Please feel free to contact anyone of us. We are eager to work with you and assist you any way we can.

~ Cinda-Rae Clemente



## Rayma Ware

Hello everyone! My name is Rayma Ware. Many of you may know me as a representative of the Child Care Food Program. I spent 14 years working with child care providers in serving nutritious meals to the children in their care. Prior to that, I was a family child care provider for over ten years. During that time, I cared for 38 children, ranging from infants to 5 years old.

Over the past two years, I transitioned into our Resource and Referral Program, and have recently become the trainer for the PEAK (Partnership for Early Access for Kids) Program where I provide training for providers and parents to assist in monitoring children's developmental stages and social emotional skills. The "Ages and Stages Questionnaires," (ASQ) screening tools are designed for parents to identify children's strengths, as well as any areas which the child may need further assessment or additional support.

We have scheduled trainings in using these tools at our office, and I am also available to come out to your child care facility to provide a training for staff or parents. For more information, call me at (707) 864-4634.

~ Rayma Ware



# Raisa Ballesteros

## ALOHA!

My name is Raisa Ballesteros, and I'm a Resource and Referral Specialist for the Help Me Grow Solano program at Solano Family and Children's Services! I joined the Solano Family and Children's Services team a few months ago, and it's been a wonderful place to work! The spirit of the agency is always positive, and focuses on the health, safety, and well-being of the children and families we serve! It is one of the many reasons I always look forward to coming to work.

My work history includes five years working at a local homeless shelter in Vacaville, CA and internships for various non-profit agencies in Solano County, including First 5 Solano. I also graduated in May 2016 with a Master's Degree in Social Work. I am passionate about social work and what it

represents for me – a profession with an ethical code to enhance human well-being, encourage the empowerment of people, and the promotion of social justice and social change with, and on behalf of others. I identify as a Pilipino-American; I am a daughter of Pilipino immigrants and I grew up in Stockton, CA. I also love to travel and learn about different cultures and communities, as it helps me respect the importance of diversity. Some of my hobbies include, finding the best places to eat delicious food, yoga, and binge-watching on Netflix.

My role as a Resource & Referral Specialist is to connect children and families to the resources and services they need. If you have questions about a child's learning or behavior, and are not sure where to start to look for programs, feel free to give Help Me Grow Solano a call, or check out our

website! By contacting Help Me Grow Solano, you'll be met with empathetic, understanding, and supportive individuals such as myself, to help guide you to the right place and people that can provide you and your child services. Help Me Grow Solano staff members understand that it can be overwhelming and stressful to search for programs needed for young children, and we are here to make the process a little easier and do our best to advocate for your family. We look forward to talking to you and helping all children in Solano County grow! Please don't be shy to say aloha if you see me around town doing outreach events and promoting Help Me Grow Solano!

~ Raisa Ballesteros



# Rocio Ibarra

Hello, my name is Rocio Ibarra, the newest addition to Help Me Grow Solano as a Resource and Referral Specialist.

First and for most, I absolutely love children! They are the joy of the world, and are just fun to be around. I have worked with children and families since 2012, in various settings. In my Child Start Inc. adventure, I gained experience as a Community Family Services Advocate serving Napa and Solano County Families. During my time at Solano County Office of Education as a Para Educator and Translator, I served bilingual families and children with special needs. I have enjoyed my journey in helping families get connected and to reach out to the many resources the community has to offer. I love art, all shapes, and forms of it. I also enjoy the winter weather and like to stay indoors and be cozy. I am proud to serve those in need as I once was a member of a family in need of resources myself.



Hola, mi nombre es Rocio Ibarra, la más reciente adición a Help Me Grow Solano como especialista en recursos y referencias.

He trabajado con niños y servicios a las familias desde 2012. En primer lugar, amo absolutamente a los niños que son la alegría del mundo, son diversión justa alrededor. En mi aventura en Child Start Inc. adquirí experiencia como Defensor de la Comunidad y Servicios Familiares sirviendo a las Familias del Condado de Napa y Solano. Con la oficina de educación del condado de Solano como un asistente de educador/a y de traductora que sirve a los niños bilingües y niños de necesidades especiales. He disfrutado mis aventuras ayudando a las familias en mi comunidad y en el condado a conectarse y alcanzar los muchos recursos que la comunidad tiene para ofrecer. Estoy orgulloso de servir a los necesitados, ya que una vez fui un miembro de familia en necesidad de recursos.

~ Rocio Ibarra

## Adriana Carbajal

My name is *Adriana Carbajal*, I am your Bilingual Resource and Referral Specialist. I have just recently begun my career with SFCS, but have worked with families and children for about six years and have enjoyed every part of my journey. I enjoy meeting new people and finding ways to help them have an uplifting experience. In addition to assisting parents with choosing and using child care, I also handle the Provider TrustLine process, Lending Library, and Health and Safety Reimbursements. I also look forward to connecting to and working with the Spanish speaking providers. I extend my hand to support families and providers with their child care needs.

Personally, I love culture and I am big on history. I look forward to connecting with you regarding your child care needs.

Mi nombre es *Adriana Carbajal*, soy tu especialista bilingüe de Recursos y Referencias. Recientemente empecé mi carrera con SFCS, pero lo que he experimentado hasta ahora es un ambiente cálido que fomenta el crecimiento, profesional y personal para aquellos que servimos aquí. He trabajado con familias y niños durante unos seis años y he disfrutado cada parte de mi experiencia. Me gusta conocer gente nueva y encontrar maneras de ayudarles a tener una experiencia positiva. Además de ayudar a los padres con la elección y el uso de cuidado de niños, yo también manejo el, Trustline,

Lending Library y Reembolsos de salud y seguridad. Estoy muy involucrada con la comunidad de habla hispana y estoy emocionada de trabajar con los proveedores de habla español. Extiendo mi mano para apoyar a familias y proveedores con sus necesidades de cuidado de niños. Personalmente, amo la cultura y soy grande en la historia. Por favor, no dude en llamar o enviarme un correo electrónico me gustaría saber de usted por favor pasa para presentarse.



~ *Adriana Carbajal*

## Joy Gamble

Hello everyone! My name is Joy Gamble and I am so excited to rejoin the Resource & Referral team here at Solano Family & Children's Services. I say "rejoin" because 10 years ago, I resigned from my position in the subsidy department to open my own family child care. Prior to working in subsidy, I worked in R&R under the supervision of our now Executive Director, Kathy Lago. I have since had the awesome joy and privilege of owning and operating a Nationally Accredited Family Child Care with an infant/toddler program and a separate preschool program. As a family child care provider, I relied heavily on the consistent and enthusiastic assistance I received from the then R&R team.

Now, I am anxious to provide similar support to our local family child care providers. As a member of the R&R team, among other things, I will be working with our CCIP providers. As a reminder, the California Child Care Initiative Project, or CCIP is a statewide project that focuses on two primary areas:

1. To increase the quantity of licensed family child care homes, and;
2. To improve the quality of care provided in family child care settings.

If you are interested in becoming a licensed family child care provider or are already a licensed family child care provider, this project just may be what you need, as it will provide to you trainings, mentorship and networking opportunities. To learn more about the project, contact: Joy Gamble at (707) 864-4615, or email [jgamble@solanofamily.org](mailto:jgamble@solanofamily.org)



~ Joy Gamble

## Help Me Grow Solano Comes to Solano Family & Children's Services!



As you may have heard, the Help Me Grow Solano Call Center and Information & Referral System is now located at SFCS. The Help Me Grow Resource Specialists, Rocio and Raisa are accessible and provide a non-judgmental and compassionate approach that empowers parents with skills, tools and confidence to nurture the healthy growth of their children, and connect families to services that best meet their needs. They are available to take calls Monday through Friday 8:30 AM to 5:00 PM assisting parents, child care providers, early educators, and health care providers by providing intake, triage, referrals and connections to a variety of services. They will listen to your concerns, find services that are appropriate and available for the child(ren) and family, and will follow up to make sure the services were provided. You can reach Rocio and Raisa through the toll free number (844) 501-KIDS (5437), or at [helpmegrowsolano.org](http://helpmegrowsolano.org).



- ☀ Outreach and training for Child Health Care Providers in our community regarding child development and the importance of early detection and intervention.
- ☀ Child Care Provider education and training on the importance of observing and evaluating each child's development and the role they play with families seeking information, or regarding concerns of their child's development.
- ☀ Community Outreach to promote the use of Help Me Grow, and to provide networking opportunities for the community.
- ☀ Data collection to ensure the value of the Help Me Grow system, and to identify gaps and barriers in order to provide more effective services.

### How to Refer

Anyone can refer a child, including a parent, family member, friend, child care provider, or medical professional who works with the child.

- ☎ Refer online at <http://helpmegrowsolano.org/>
- ☎ Refer by phone at 1-844-501-KIDS (5437).

*Our Help Me Grow Resource Specialists are looking forward to speaking with you.*

Email us at [info@helpmegrowsolano.org](mailto:info@helpmegrowsolano.org)  
We are located at 421 Executive Court North  
Fairfield, CA 94534-4019

Our Help Me Grow Team is available to train parents, doctors, nurses, health and mental health workers, social workers, child care providers, preschool teachers, etc. We will come to your environment to train small or large groups!

### What is Help Me Grow?

A telephone access point that links families of young children with sources of support and services to address concerns about health, development, behavior and learning in children birth through five, as well as a variety of other community services.

- ☀ Referrals for PEAK (Partnership for Early Access for Kids) Assessment. The Developmental Screening Tools – Ages and Stages Questionnaire (ASQ), and Social-Emotional Screening – Ages and Stages Questionnaire: Social Emotional (ASQ:SE) are used for early identification of potential health and developmental concerns in order to address these issues as early as possible.

~ Cinda-Rae Clemente



## Solano Family & Children's Services February - May 2017



You must pre-register for workshops online by either clicking on the Eventbrite link, visiting our website, or by calling 707-863-3950, x752. See a complete description at [www.solanofamily.org](http://www.solanofamily.org). Workshops are FREE, unless otherwise noted. You must arrive on time to workshops. If you arrive and the door is locked, the workshop is in progress and the instructor will not open the door. Child care is not available.

<p><b>Solano County Licensed Family Child Care Association</b> Join a group of committed family child care professionals at the monthly meetings. Meeting location varies. For more information contact Allyson Rutherford at (707) 446-1426.</p>	<p>7:00 PM - 9:00 PM 4<sup>th</sup> Tuesday every month</p>
<p><b>Lending Library Open!</b> Providers who find it difficult to get away during the week are invited to come in to our Lending Library to check out items such as curriculum boxes, obstacle courses, climbing structures for infants and toddlers, books, to use our die-cut area and bring in items to be laminated. Please visit our website or call our office @ (707) 863-3950 to RSVP</p>	<p>Saturdays, 2/25, 4/1, 5/13 9:00 AM - 12:00 PM</p>
<p><b>Safety as They Grow</b> Learn elements of child safety, ways to create a safe environment for children, ways to prevent accidents by childproofing and creating strategies for keeping children safe during routines.</p>	<p>Wednesday, February 15 6:30 PM - 8:30 PM</p>
<p><b>Diversity: Striving for Inclusion and Independence — <i>Ability Awareness and Respect for Diversity</i></b> As caregivers, we must realize that all children have the same basic needs, and truly, they are more alike than different. We will explore perceptions, attitudes, and actions regarding children with disabilities, the important role child care providers play in creating an inclusive environment, and how to create an environment of acceptance for all children, and that, through this acceptance, the development of all children will be enhanced.</p>	<p>Thursday, February 23 6:30 PM - 8:30 PM</p>
<p><b>Supporting My Child's Development - A workshop for Parents</b> In this FREE workshop, we will explore Developmental Milestones &amp; Social Emotional Development, learn to recognize any red flags for concern, discuss the importance of building positive relationships with our children, and review some things to try at home in order to Support Your Child's Development.</p>	<p>Saturday, February 25 10:00 AM - 12:00 PM</p>
<p><b>Presentado por UC Davis - Guiar a Los Niños Prequeños</b> Este curso incluye los comportamientos desafiantes de los niños, y maneras de trabajar efectivamente con los niños y los padres. Se ofrecen sugerencias prácticas para manejar los conflictos mientras se apoya el desarrollo óptimo de los niños. El tema incluyera dos series.</p>	<p>Saturday, February 25 &amp; Saturday, March 4 9:00 AM - 2:30 PM</p>
<p><b>Provider Training - Ages and Stages Questionnaires: ASQ-3 &amp; ASQ-SE</b> Learn how to utilize the ASQ questionnaires in your program. You and the parents will be able to look at how their children are doing in important areas, such as speech, physical ability, social skills, and problem solving skills. Identify children's strengths, as well as any area where support may be needed.</p>	<p>Tuesday, February 28 6:30 PM - 8:30 PM</p>
<p><b>Teaching Pyramid Module 1 (3 part series) Building Relationships and Creating Supportive Environments</b> Join us in learning about: understanding the relationship between social-emotional development and challenging behavior; practical strategies for building positive relationships with children; developing schedules and routines that invite cooperation from children; giving directions and teaching children about rules/expectations; and using positive attention and descriptive feedback. Presented by UC Davis.</p>	<p>Saturdays, March 4, March 18, April 1 9:00 AM - 2:30 PM</p>



### The Business of Family Child Care

Sound business practices are key to successful child care programs. This workshop will help you whether you are new or a seasoned child care provider. We will discuss the feasibility of operating a family child care business, creating a business plan, marketing in this fast-paced - internet world, creating a contract, interviewing families, communicating with families, setting policies and procedures, rates and much more. This is a two-part series.

Saturdays,  
March 11 & March 25  
9:00 AM - 12:30 PM

### The Ages and Stages of Children - Supporting Developmental Milestones

Learn how to utilize the ASQ questionnaires. Parents and Providers will be able to look at how children are doing in important areas, such as speech, physical ability, social skills, and problem solving skills. You will also learn how to Identify children's strengths as well as any area where support may be needed.

Tuesday,  
March 28 OR April 25  
6:30 PM - 8:30 PM

### Diversability: Developing Inclusive and Accessible Environments - Successful Parent/Provider Relationships

Building and maintaining collaborative partnerships with families is considered one of the most important factors in successful inclusion of children with disabilities in community child care settings. We will discuss the importance of relationships between family members and caregivers who play a role in the lives of young children with special needs.

Thursday, April 20  
6:30 PM - 8:30 PM

### UC Davis - Child Care at its Best - Teaching Pyramid, Module 2

Join us in learning about: developing friendship skills; enhancing children's emotional literacy, including identifying feelings; managing anger and disappointment; encouraging children's problem solving skills; and using materials to promote children's competence. Participants must complete Module 1 before attending Module 2. This is a two-part series.

Saturdays,  
April 29 & May 13  
9:00 AM - 2:30 PM

### Diversability: Developing Inclusive and Accessible Environments - Promoting Successful Inclusion of ALL Children

We will discuss the importance of assessing the child care environment, determination of inclusion/ accommodation needs, and strategies for successful participation for children with special needs.

Thursday, May 18  
6:30 PM - 8:30 PM

### Cuidado de Niños de Diferentes Edades

Los composición de diferentes edades proporcionan a los niños la oportunidad de observar, imitar y iniciar habilidades y comportamientos que pueden ser monitoreados de una manera segura y apropiada para el desarrollo. Los participantes participarán en; El papel de un adulto como un planificador cuidadoso, marcos lógicos que apoyan la importancia del juego, estableciendo un lugar seguro para todas las edades para aprender y crecer, y estrategias de aprendizaje para beneficiar a los niños de diferentes edades en el ambiente.

Saturday, May 20  
9:00 AM - 2:30 PM

### Finding Certified Health and Safety Training:

Training organizations often market their businesses online, in the phonebook, newspaper, and/or by word of mouth. When you contact a training organization, make sure that their course covers the required components for licensed child care providers, and offers official cards of completion and training manuals. For more information contact:

Name	American Heart Association	American Red Cross	EMSA Approved Training
Contact:	<a href="http://www.heart.org">www.heart.org</a> or 1-877-242-4277	<a href="http://www.redcrossbayarea.org">www.redcrossbayarea.org</a> or 1-800-733-2767	<a href="http://www.emsa.ca.gov">www.emsa.ca.gov</a> or 1-916-322-4336
Courses Accepted:	<ul style="list-style-type: none"> <li>♥ Heartsaver First Aid CPR AED</li> <li>♥ Heartsaver Pediatric First Aid</li> <li>♥ Heartsaver CPR AED</li> <li>♥ Note: CPR course must include Infant, Child &amp; Adult CPR.</li> </ul>	<ul style="list-style-type: none"> <li>♥ California Child Care: Pediatric First Aid and CPR</li> <li>♥ California Child Care: Pediatric First Aid</li> <li>♥ California Child Care: Pediatric CPR</li> <li>♥ Note: CPR course must include Infant, Child &amp; Adult CPR.</li> </ul>	<ul style="list-style-type: none"> <li>♥ Approved First Aid &amp; CPR Training</li> <li>♥ Approved Preventive Health &amp; Safety Training</li> <li>♥ Note: Course Title may vary based on individual business.</li> </ul>

# Solano Family & Children's Services

## Resource & Referral Agency

421 Executive Court North, Fairfield CA 94534

(707) 863-3950 — [www.solanofamily.org](http://www.solanofamily.org)

Your Connection to Child Care Data in Solano County

## Services Provided in 2016

### Over 3355 Children



Received subsidized child care so that their parents could work, look for work or attend school or training.

### Over 2000 Children



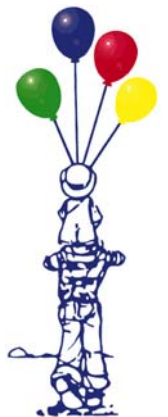
Received nutritious meals and snacks that were reimbursed to over 243 child care providers who participated on The Child Care Food Program.

### Over 1751 Families



Received a free list of child care providers and personalized assistance in their search for quality child care.

- **3844 Families, Child Care Providers and Community members** received personalized assistance in finding child care, providing quality child care, and locating the resources to help support quality child care in Solano County.
- **Over 1100 Parents, Child Care Providers and Community members** received education and support by attending over 110 workshops that were hosted by our agency and led by our training staff or invited professionals. Topics included child development, guiding young children, financial management, and the components of quality child care.
- **Over 480 Licensed Family Child Care Homes and 90 Child Care Centers** received support to maintain their license and use of our free referral services to market their small business to families who are searching for child care in Solano County.



**Solano Family & Children's Services promotes and advocates for the well-being of children, their families, and child care providers by offering access to a variety of child care resources.**

# THANK YOU to our 2016 Supporters !!!

*As a private, non-profit organization, we rely on donations from the public to help offset the diminishing funds we receive from the State and Federal government. We would like to thank the following people and organizations for their generosity and for supporting us during the past year:*

## Donations:

- April Hennings
- August & Annette Parkham
- Candy & Justin Greene
- Carmella Taylor-Hodge
- Christie Speck
- Dependable Heating and Air – John Stone
- Dominique Sandford
- Eloisa G. Mercado
- Erlinda Gray
- Jacks & Racks – Greg DeVore
- Jeanette M. Kent-Robert
- Jennifer Madsen
- John and Vicki Spradling
- Jon and Kathy Lago
- Kim and Kathryn Stahnke
- Kirsten Krause
- Lakeshore Learning – John Bell
- Lenisha Anderson
- Leslie Boles
- Linda Cabral
- Michael Cushard
- Mike & Sandi James
- Nancy Jandreau
- Nicholas James
- Olivia Ruiz
- Randy Slade & Diana Lago  
in loving memory of Judy Jursch
- Rayma Ware
- Rebecca Billing
- Robert Dandy
- Robert Randolph

- Sharon Anderson
- Suzanne Howisey
- Teresa Godfrey
- Thomas & Kathleen Rood
- Umpqua Bank
- Wade & Maureen Pendleton
- Wendy Epps
- Yev Taylor
- Yvette Power

## In Kind Donations:

- Bob Hammons
- Brooks Pedder – Cassidy Turley
- Dependable Heating & Air Conditioning – Dixon
- Garaventa Properties
- Greg Devore – Jacks & Racks
- Milton Anthony Sardenia
- Shannon Kilby, SK  
Accounting

## Collaborative Efforts:

- Barnes & Noble - Fairfield
- Cherelyn Ellington Hunt
- City Mayors and their staff
- Family Resource Centers of Solano County
- First 5 Solano
- KUIC
- Mayor Augustine
- Minute Man
- Parent Voices Solano
- Ryan Bates
- Solano Community Foundation

- Solano County Board of Supervisors
- Solano Land Trust
- Children's Network of Solano County
- Workforce Development Board (Formerly Workforce Investment Board)
- UC Davis - Center for Excellence in Child Development
- And all of the community members who collectively bought over 1400 books during the Barnes & Noble book drive for children in Solano County

*We would also like to thank our SFCS Board Members for their commitment, time and efforts:*

- Christie Speck ~ *President*
- Olivia Ruiz ~ *Vice President*
- Gail Jack ~  
*Secretary/Treasurer*
- Kathryn Stahnke ~  
*Member-at-Large*
- Coral McDermott ~  
*Member-at-Large*
- Lenisha Anderson ~  
*Member-at-Large*
- Nadirah Jones ~  
*Member-at-Large*





# CHANGES IN THE SUBSIDIZED CHILD CARE PROGRAM

## New Database System in the Subsidy Program

In January, we transitioned to a new database in the Subsidy Program. Some of our documents will look different than you are used to, so please pay close attention to anything you receive from us. This transition may cause delays in our processing time for general paperwork, as well as provider reimbursements. Rest assured that we will work diligently to minimize these delays, as much as possible.

## New Definition of "Effective Date of Action" for Termination of Services

In our new system, the Effective Date of Action on **Termination** Notices of Action issued to parents, is the day **AFTER** the last day of services, which means that we will NOT reimburse your provider for that day.

*Example: We issue a Termination Notice which shows the Effective Date of Action is February 1, 2017. This means that the last day we can reimburse your provider for services, is January 31, 2017.*



This is a change that will take us all a little time to get used to, so if you have questions about whether or not we will reimburse your provider for a particular day, do not hesitate to call your worker at SFCS.



## Increase in Some Regional Market Rate Ceilings (RMRCs)

On June 27, 2016, the Governor approved the Budget Act of 2016 (Senate Bill 826, Chapter 29, Statutes of 2016) and SB 828, making changes to the RMRCs for licensed and license-exempt child care services provided through our programs. The RMRCs are used when determining the amount of reimbursement authorized to a provider on behalf of the family for a child's care.

Some of the factors used to determine reimbursement amounts include the following:

- County where the child is receiving services
- Age of the child
- Certified Child Care Schedule (including hours of service, whether the child receives evening/weekend care, and whether the child has a variable schedule)
- If the child has exceptional needs
- Type of provider serving the child (licensed vs. exempt)
- Current provider rate sheet on file with our agency

**Parents:** Please review the new RMRCs mailed to you, to determine if your co-payment has changed. The more we can reimburse your provider, the less you would pay in co-payments.

**Providers:** You may need to submit a Rate Increase to us, in order to receive a higher reimbursement. Please keep in mind that we can only honor one rate increase per fiscal year.

These changes **DO NOT** affect any Family Fees, so please continue to pay/collect the current fee assigned to you (if any).



## California Minimum Wage Increase Effective January 1, 2017

Some people will receive an increase in pay, due to the Minimum Wage Increase effective January 1, 2017. This will mostly affect people who work for a company that employs 26 or more people.

As a reminder, please report all income changes (increases or decreases) to your Family Services Specialist within five days of the change, as this may affect your eligibility or Family Fees.





## Operating a Professional Child Care Program

### Professionally Speaking

Merriam-Webster Dictionary's description of **professional** is, "relating to a job that requires special education, training, or skill." There are many different definitions of what family child care providers call "quality, professional care" for children. And, there are many different levels that family child care providers go through to reach their own definition of professionalism.

### Nutrition

One of the most important parts of a professional child care business is offering nutritional meals. Take a look at the foods you are offering the children in your care. By limiting sugar and fat, and setting regular meal times, you will find the children are better behaved and have less meltdowns during the day. Are you setting a good example? Providers can show children how to prepare and enjoy healthy foods, help them learn to make smart food choices, and help them build healthy, lifelong habits.

The Child and Adult Care Food Program (CACFP) is a program that has resources to help child care providers prepare high quality meals that promote a healthy lifestyle, and reduce diseases related to unhealthy eating. The CACFP can provide ideas for recipes, menu planning, food preparation, and nutrition education. Providers who enroll in the CACFP can receive subsidies for the purchase of healthy food that is served in their child care program. The CACFP will teach you about healthy eating and feeding. This can help you, your family, and the children in your care! For information on how you can receive CACFP assistance for your child care program meals and snacks, call (707) 864-4631, or visit our website at [solanofamily.org](http://solanofamily.org).

### Watching vs Intentionality

Some providers start out "watching" someone else's child/children in their home for various reasons. Whatever the reason, two things usually happen: the provider becomes overwhelmed and chooses not to continue, or the provider becomes "intentional" in what she/he does. Training and education make a difference in how professionals handle the day-to-day business of working with children. The more training and education you have in early childhood development, the easier you will find it to interact with the

children in your care. Knowing what developmental stage a child is in and what is expected will provide you with the tools necessary to make your day and the children's day run more smoothly. For training and education, refer to our Schedule of Events page, or contact our Resource & Referral Program.

### Attitude

Attitudes can and do make or break a child care provider. One of the things you must look at is your appearance. Being dressed and well-groomed before you open the door says a lot about who you are and how you feel about the job you are about to take on for the day. SMILE and notice what a difference it makes in what you are seeing in the mirror. Attitude is everything.



### Environment

Think about the environment you provide for the children. Would someone be inclined to stop or keep on driving if they were seeing your home for the first time? Is your home welcoming, comfortable, and a safe place where children will want to come in and stay for an extended period of time? Are the materials you provide for the children well organized, clean and age-appropriate? Do you have areas that the child care children know are theirs? Set them up for success by telling them what they can do and what they can have in that space.

### Burnout

Dealing with burnout is something that happens in just about every profession. Family child care providers may find themselves dealing with this more often than others because of the isolation/lack of adult interaction, especially if you work alone. One of the greatest ways to deal with the stress or burn-out is by belonging to a group or organization that can relate to what you are feeling. Belonging to a child care association, whether formal or informal, will often give you what you need in your chosen profession.

**Last, but one of the most important things to remember is this:** Take Care of YOU! Professionally speaking, you cannot care for others if you don't care for yourself first. Those who care for children tend to put everything above their own needs. Take time to do something you want or like to do. Learn to give back to yourself before you try to give to others.

Adapted from *Child Care Info.com*

## Solano Family & Children's Services

*Your Child Care Connection*

421 Executive Court North

Fairfield, CA 94534-4019

E-Mail: [info@solanofamily.org](mailto:info@solanofamily.org)

[www.solanofamily.org](http://www.solanofamily.org)

[www.facebook.com/solanofamily](http://www.facebook.com/solanofamily)

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*SFCS provides **FREE** child care referrals and information to Solano County residents. The goal of our agency is to assist all families with their child care needs and to promote the healthy growth, care, development and education of all children and families. We administer the Child Care Food Program for Family Child Care Providers. This program reimburses providers for meals served to enrolled children (birth — age 12). We administer several subsidized child care programs for the State and Federal government, including the CalWORKs and WIB child care programs. We maintain a Lending Library of educational books and videos. We serve as a clearinghouse for legislation affecting children's services and publish information through this newsletter. We maintain information of county and state resources.*

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Ave, SW, Washington DC 20250-9410

Fax: (202) 690-7442

Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

*~ This institution is an equal opportunity provider ~*

**OUR MISSION:** "Solano Family & Children's Services promotes and advocates for the well-being of children, their families, and child care providers by offering access to a variety of child care resources."

### SOLANO FAMILY & CHILDREN'S SERVICES

(707) 863-3950 — Fax: (707) 863-3975

Toll-free: 1-888-861-1594

#### OFFICE HOURS:

**Mondays, Wednesdays, Thursdays & Fridays:**

**8:30 AM. to 5:00 PM**

**Tuesdays: Noon to 5:00 PM**

**Closed to the public the Third Friday of Each Month**

*Some meetings, workshops and services are offered evenings & weekends*

#### PROGRAMS AVAILABLE:

Child Care Food Program ~ Help Me Grow Solano

Resource & Referral Program

Subsidized Child Care Program

Workforce Development Board (WDB) Child Care Program

Live Scan Electronic Fingerprinting System on-site

#### SPECIAL ACTIVITIES:

SFCS participates in community events, such as: Vallejo Celebrates Youth, Kid Fest in Vacaville, Job Fairs, Health & Resource Fairs, and the Annual Early Childhood Education Conference at Solano Community College

#### MACHINES AVAILABLE:

Button/Key-Chain/Magnet-Making Machine

Die-Cut Machine with more than 350 shapes

Laminating Services ~ Note-Pad Making Machine

Spiral Binding Machine

#### LENDING LIBRARY:

The lending library is available to anyone in the community. Items such as educational books, curriculum boxes, videos, and toddler climbing structures are available to participants after completing a membership form. The lending library is available during normal SFCS hours (listed above) — on a first-come, first-served basis.

*If you would like to see an article about a specific subject, please email us at [info@solanofamily.org](mailto:info@solanofamily.org)*

*If you would like more information about Solano Family & Children's Services, or would like to make a tax-deductible donation, please visit our website at [www.solanofamily.org](http://www.solanofamily.org).*

*SFCS is a non-profit, 501 (c) 3 organization*